

## ***Angiogram / Angioplasty***

As you are aware you have undergone a procedure called Angiogram/Angioplasty.

### Angiogram

Involves a needle being placed into your femoral artery (groin). Dye is then injected into the artery and x-rays are taken which will identify any abnormalities.

### Angioplasty

If a narrowing in an artery is found a balloon is passed into the artery until it reaches the area of narrowing. The balloon is then blown up dilating the area of narrowing.

## ***If you have had a stent inserted***

A stent is a tiny expandable metal tube that is inserted into the newly opened area of the artery to help keep the artery open

Not everybody has a stent inserted. A stent is only inserted if the artery does not stay open after the angioplasty

### Following stent insertion

You may notice bruising or a lump at the site of stent implantation, this is normal you should not be concerned, unless the lump is painful or enlarging, in which case, contact your Doctor immediately.

## ***Closure Device***

A closure device is sometimes used to close the puncture wound in your groin:

- If your surgeon used a closure device for your puncture wound you will be given a specific information card regarding the type of device used and how to take care of the puncture site.
- A closure device may leave a small knot or lump under the skin where the closure device is situated this is normal. The knot will gradually disappear over a few weeks

## ***On return to the ward***

On return to the ward you must remain in bed until you are told you can get up (at least 4 hours). Please ring your buzzer if you require any assistance.

Do not get out of bed unless advised to do so!

## ***Post-operative care instructions***

- Keep the puncture site clean and dry
- No strenuous activity, or lifting or driving a car for 2 days
- Specific instructions in regard to when you can return to work and normal activities will be given to you by your doctor.

## ***Medications***

- Continue your normal medication unless instructed by your doctor.
- If you have a stent inserted your Doctor may advise you to take anti platelet medications.

## ***On discharge***

You will be given post operative instructions please read them carefully prior to discharge and any questions can then be answered before you leave.

### **Complications**

A small bruise at the puncture site is normal. Please contact your doctor or emergency department if you experience any of the following:

- Unusual pain, redness, swelling numbness or discomfort in the groin or affected limb
- Temperature change or bleeding
- Feeling of faintness
- Weakness
- Fever
- Chest pain or shortness of breath, nausea, profuse sweating, dizziness, and or fainting.
- Or anything that causes you undue concern, contact St Vincent's Switchboard on (02) 6627 9600

***You have had an angiogram which has involved a puncture wound to your groin.***

