

Procedure Times

The care and safety of you and our other patients is paramount. Whilst we endeavour to meet the procedure time scheduled, we cannot guarantee this. Delays can arise due to issues including:

- Complications with a patient
- Additional time required for more extensive investigation
- Counselling patients and their families

In the event of delays, we ask you to be understanding as we believe you would want our doctors and staff to take the time to provide you with a better procedural outcome.

Where delays occur, our staff commit to keeping you updated every 15 mins.

Following Your Procedure

You are not allowed to drive a car or use machinery for 24 hours following the procedure.

You are not allowed to use public transport following the procedure, unless you are escorted by a responsible adult.

You should not work following your procedure, but rest at home.

Please ensure all admission forms are sent to St Vincents Private Hospital.

- Endoscopy Services Referral Form
- Personal Details Form
- Patient Health Questionnaire
- Patient Information Sheet for your procedure(s) signed and witnessed

Endoscopy Unit Location

Level 3

Dalley Street Entrance



Contact us

If you have any further questions please contact:

Endoscopy Unit
St Vincents Private Hospital
PO Box 572
Lismore NSW 2480

Ph: 02 6627 9266
Fax: 02 6627 9268

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St Vincents
Private Hospital
Lismore

Open Access Endoscopy Procedures

Patient Information

Thank you for choosing St Vincents Private Hospital. Our professional staff are committed to providing you with the best care and attention.

Please refer to the instructions contained within this brochure.

Admission Forms

Your doctor will:

- provide you with a St Vincents Private Hospital Endoscopy Pack which contains the forms required for admission.
- explain to you the procedure required and complete the Endoscopy Services Referral Form.
- provide you with a Patient Health Summary which includes your past medical history and lists all current medications.

Please complete the following forms:

- Personal Details form
- Patient Health Questionnaire (double sided). Please ensure you include a full list of medications and/or supplements you are currently taking.
- Please read, sign and have someone witness your signature on the Patient Information Sheet for your requested procedure(s).

Post the forms to St Vincents Private Hospital in the envelope provided within the Endoscopy folder or deliver your forms to Admissions.

Once St Vincents Private Hospital receives your admission forms, the Registered Nurse from Admissions will telephone you to organise a suitable date for your admission, as well as go through your preparation process prior to admission.

If you require any further information please phone Admissions on 6627 9223.

Colonoscopy Preparation

Patient Instructions

Please read and retain the MOVIPREP leaflet provided in your St Vincents Private Hospital Endoscopy Admissions Pack.

(Do not use the leaflet in the Moviprep box)

Have the MOVIPREP leaflet accessible for when the Registered Nurse contacts you.

Before Your Procedure

Please phone **St Vincents Private Hospital Endoscopy Unit** on **02 6627 9266** after **11am** the **working day prior to your procedure** to obtain your admission time and fasting instructions.

Please advise the nurse if you intend to travel within 2 weeks following your procedure.

You must arrange for a responsible adult to escort you to and from the hospital following your procedure.

You must arrange to be in the presence of a responsible person for 24hours following your procedure .

Do not consume alcohol, recreational drugs or cigarettes 24 hours prior to your procedure.

On the Day of Your Procedure

Shower before you leave home and dry yourself with a clean towel. Do not wear nail polish or make up.

What to Wear

Please wear loose, comfortable clothing and low-heeled shoes. If you have contact lenses (which you take out at night) these will need to be removed before the procedure. Please do not wear jewellery, apart from your wedding ring. We recommend that you do not bring valuables with you. We do not accept liability for any lost items.

What to Bring

If medications (including insulin, asthma sprays, eye drops, etc) are due during the time you will be with us, please bring these with you. You should also bring any aids you require (such as glasses or hearing aids).

It is important that you bring your Medicare Card, Health Fund details, Health Care Card and your Pension Card, if applicable.

Please allow 4-5 hours from the time of your arrival until discharge. This time is required for booking in, changing clothes, nursing/ anaesthetic preparation for the procedure, the procedure itself, anaesthetic recovery period, refreshments, review by the consultant and formal discharge from the hospital.

The Surgery or Procedure

On arrival you will be greeted by the reception staff who will check that your admission details are complete and provide you with the necessary documents that require viewing and signing.

A nurse will then accompany you from reception into the clinical area where they will make you comfortable and get you ready.

You will then meet the anaesthetist and proceduralists or surgeon. They will review your medical history, examine you and answer your questions prior to the procedure.

You will have received information regarding the procedure and you will be asked to affirm your consent to the procedure by signature (if you have not already done so). It is your right to request further details or clarification of your procedure, or to cancel at any time.

Information regarding the procedure is included in your procedure information handout.